

HOW TO BEGIN ABIDING IN JESUS' LOVE

"I am the vine, you are the branches. He who abides in Me, and I in him, bears much fruit; for without Me you can do nothing" John 15:5.

1. Dedicate the first hour of each day to making yourself emotionally available to Jesus. Determine to open the door of your heart every day until Jesus comes.
2. Use the Gospel of John, *The Desire of Ages*, the Psalms, any of Ellen White's devotional books, Andrew Murray's book *Abide in Christ*, or another book of your choice.
3. Have no agenda (such as reading through the Bible, studying for a presentation, or finishing a book) except to experience His love.
4. Pray: "Lord, my mind knows You love me. Now I want to know Your love with my heart. Possess me, embrace me, overwhelm me with Your love, and live in me. Thank You for loving me!"
5. Spend unhurried time in God's presence: pray, read, listen, write, pray, read, listen, write.
6. At the slightest emotional experience of His love, thank Him and praise Him. By expressing this faith, your awareness of Him will increase joyfully.