

BENEFITS OF PRAISING GOD

"Let everything that has breath praise the Lord!" (Ps. 150:6). Here's how praise can change your life.

Praise increases faith, hope, and courage. "If more praising of God were engaged in now, hope and courage and faith would steadily increase." (*Prophets and Kings*, p. 202)

Praise increases our power in prayer. "We do not pray any too much, but we are too sparing of giving thanks. If the loving-kindness of God called forth more thanksgiving and praise, we would have far more power in prayer." (*Testimonies for the Church*, vol. 5, p. 317)

Praise increases our love for God. "If the loving-kindness of God called forth more thanksgiving and praise. . . . We would abound more and more in the love of God." (*Testimonies for the Church*, vol. 5, p. 317)

Praise results in greater blessings being bestowed. "If the loving kindness of God called forth more thanksgiving and praise, we would. . . . have more bestowed to praise Him for." (*Testimonies for the Church*, vol. 5, p. 317)

Praise increases our power in witnessing. "Far more than we do, we need to speak of the precious chapters in our experience. After a special outpouring of the Holy Spirit, our joy in the Lord and our efficiency in His service would be greatly increased by recounting His goodness and His wonderful works in behalf of His children. . . . Such a testimony will have an influence upon others. No more effective means can be employed for winning souls to Christ." (*Christ's Object Lessons*, pp. 299, 300)

Praise promotes health. "Nothing tends more to promote health of body and of soul than does a spirit of gratitude and praise." (*The Ministry of Healing*, p. 251)

Praise brings us nearer to heaven. "The soul may ascend nearer heaven on the wings of praise. God is worshiped with song and music in the courts above, and as we express our gratitude we are approximating to the worship of the heavenly hosts." (*Steps to Christ*, p. 104)