## Some Suggestions for Beginning the Experience Of

## **Abiding In Jesus' Love**

- 1. Dedicate the first hour to making yourself emotionally available to Jesus. Determine to open the door of your heart every day until Jesus comes.
- 2. Use *The Gospel of John*, *Desire of Ages*, the *Psalms*, any of Ellen Whites' devotional books or Andrew Murray's book, *Abide in Christ*, etc.
- 3. Have no agenda (such as reading through the Bible, studying for a presentation, completing a book, etc.) only seek to experience His love.
- 4. Pray "my mind knows You love me, now I want to know it with my heart, possess me, embrace me, overwhelm me with Your love, live in me, thank You for loving me."
- 5. Pray, read, listen, write, pray, read, listen, write.
- 6. At the slightest emotional experience of His love, thank Him and praise Him, thus you express faith, and your awareness of Him will increase joyfully.

## **Seven Daily Essentials for Abiding in Christ**

- 1. Take time (first thing in the morning) to be with God alone.
- 2. Listen through the Word and through two-way prayer.
- 3. Understand your need humble yourself until you see that without Jesus you will do nothing but harm.

## 4. Ask for:

- a. His life to replace yours.
- b. His specific traits to manifest in you (name the traits the Spirit convicts you about).
- c. His will to replace yours (this is surrender of the will).
- d. His life through the Spirit to remain in you all day replacing your thoughts and feelings with His.
- e. His love to be witnessed through you spontaneously drawing others to Himself.
- 5. Believe He is doing all that you ask, express your faith (so it will grow strong) by giving thanks for what you cannot see.
- 6. Live in Jesus love by talking with Him all day long about everything, remember to continually praise Him for every blessing, large and small, and thank Him for His love.
- 7. Live victoriously by enjoying His love and specifically allowing Him to replace the will of the flesh with the will of the Spirit when you are aware of a conflict.

John 4:14 "But whosoever drinks of the water that I shall give him shall never thirst; but the water that I shall give him shall be in him a well of water springing up into everlasting life."

Created by Dale Leamon